



Parents

Connect

Support in navigating ASD

As a parent or carer of a child with ASD you will have daily challenges as well as moments of joy.

Often finding answers to questions along the way, providing a safe learning environment and loving home that encourages independence and self-worth can have its ups and downs.

The City of Port Adelaide Enfield is here to help, by offering a FREE weekly support group for parents and carers.

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Where The Food Centre, Shop 5, 580 Main North Rd, Gepps Cross
When Weekly commencing Tuesday 18th February 2020
Time 9:30-11:30am

To register your interest either email wellbeing@cityofpae.sa.gov.au, phone Vanessa at PAE on **8405 6525** or James at the Food Centre on **8262 7345**

The program facilitator is Deb Barker, a local parent with the lived experience of ASD. Deb has extensive qualifications and experience running support groups registered with Autism SA and is well known on the Lefevre Peninsula.



THE FOOD CENTRE
A not-for-profit community organisation



CITY OF
Port Adelaide Enfield